



2023 Teen Dating Violence Awareness Month Calendar

February is National Teen Dating Violence Awareness Month

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The [Family Violence Prevention and Services Act \(FVPSA\) Program](#), in the Family and Youth Services Bureau, is proud to support this year's public awareness campaigns, webinars, social media events, blogs, radio shows, etc. coordinated by our grantees and partners to promote healthy adolescent relationships. Our FVPSA program team will spend this month educating and informing our target audiences with an extensive communications effort infused with engaging content and resources, as well as extensive marketing of Domestic Violence Resource Network (DVRN)-sponsored events that provide essential investment in our youth's public health.

We all can **#BeAboutIt** by being unapologetically about education, engagement, and empowerment and by amplifying the voices of teens and young adults and those who support them by uplifting positive, healthy, and safe relationships! Learn more at [Love Is Respect!](#) ([Visit disclaimer page](#))

Nationally, there are many opportunities for you to support and stand in partnership with youth. Can you please help us spread the word?

2023 Teen Dating Violence Awareness Month Activities

<u>EVENT</u>		<u>LINKS</u>
February 3 5:00 p.m. EST	Instagram Live: Be About Engagement (Love Is Respect) Coming back to campus after almost 3 years of virtual school and work, due to COVID-19, may have its challenges. You might be in a situation where you or someone else needs help. How would you safely engage in the following scenarios? This live event will feature members of Love Is Respect Youth Council, staff, and TDVAM advisory group as they discuss how we can be about engagement.	Instagram @loveisrespectofficial Visit disclaimer page
February 3 TBD	Ujima Talk: Stopping the Cycle: Unpacking Teen Dating Violence and Generational Trauma Featuring Guest Speaker-Thecia Jenkins (recording released on You Tube link to be provided) - This Ujima Talk discusses modern-day relationship culture and how historical treatment of and ideas about Black women impact their experiences with dating and domestic violence. During the conversation, we discuss how generational trauma shows up in our everyday lives and how it influences our help-seeking behaviors. We also discuss how society adultifies Black women and girls and how that impacts their relationship with violence. Guest Speaker Thecia Jenkins is the Director of Harris County Domestic Violence Coordinating Council.	(TBD)

February 6 TBD	Teen Dating Violence Prevention 101: We STAN for Healthy Relationships! (Ujima)	(TBD)
February 6-10	Respect Week Join individuals around the nation in raising awareness about healthy relationships and dating abuse.	Learn More Visit disclaimer page
February 7	Wear Orange Day Join individuals around the nation in wearing orange on Tuesday, February 7! Wear Orange Day aims to raise awareness of teen dating abuse and send the message that abuse will not be tolerated. Take a picture wearing orange and post on social media with the hashtags #TDVAM2023 #Orange4Love #HealthyRelationshipsAreLearned and tag @DVCCCT .	Various social media
February 7 6:00 p.m. EST	Youth Dating Panel on Instagram Live (National Indigenous Women's Resource Center) In recognition of Teen Dating Violence Awareness Month, the NIWRC will be releasing a post of the recorded panel discussion comprised of Native teens from around the Nation to talk about dating on Instagram Live. They will	Link Visit disclaimer page

	<p>discuss issues around respectful communication, boundaries, and affirmative consent.</p>	
<p>February 8 3:00 p.m. EST</p>	<p>Honoring Our Youth through Ensuring Safe Housing and Access to Shelter Webinar (National Indigenous Women’s Resource Center)</p> <p>Indigenous youth find themselves on the streets for a multitude of reasons. The causes and consequences of life on the street usually include a troubled family life, domestic violence, physical and sexual abuse, trauma, inadequate housing, poverty, substance use, mental health issues, and involvement in the child welfare system. Just like Indian boarding schools, child protection is rooted in colonization as it continues to remove children from their communities rather than providing the necessary programs and services to keep families together to care for their children.</p> <p>This webinar will focus on what led to many Indigenous youths’ housing status and how some Indigenous youths were able to move off the streets. We will also explore prevention strategies to help prevent youth homelessness such as: keeping families intact, incorporating traditional and cultural practices, training social workers in the child welfare system, creating housing opportunities, ensuring safety, and addressing the effects of colonization on Indigenous families and communities.</p>	<p>Link Visit disclaimer page</p>
<p>February 10 TBD</p>	<p>Coffee and Conversation: A Community Collaborative Approach to Teen Dating Violence Awareness Month (Ujima)</p> <p>Ujima’s Coffee and Convo explores teen dating violence within the Black Community with our partners, the Jewish Coalition Against Domestic Abuse and The Safe Sisters Circle. We held a robust dialogue on the intersectionality of power-based violence, how it impacts the Black community, and how</p>	<p>(TBD)</p>

	<p>partnerships and collaboration are essential for culturally specific strategies for awareness, prevention, and intervention.</p>	
<p>February 16 5:00 p.m. EST</p>	<p>Instagram Live: Be About Education (Love Is Respect)</p> <p>Learning is an ongoing experience. It can be tough to know how to navigate relationships, let alone know what makes them healthy or unhealthy. There are warning signs to look out for in a relationship. We'll also list below some key elements of a healthy relationship. Exploring relationships can be daunting, but it's also an exciting way to learn more about yourself, what you need and want in a relationship! This live event will feature members of Love Is Respect Youth Council, staff, and TDVAM advisory group.</p>	<p>Instagram @loveisrespectofficial Visit disclaimer page</p>
<p>February 20</p>	<p>StrongHearts Social Media Call (StrongHearts Native Helpline)</p> <p>As we learn how to recognize dating and sexual violence, we want to uplift ways that we can keep relationships healthy. A #HealthyFlex is any healthy habits, love language expressions, self-care practices, boundaries, etc. you utilize within dating partnerships to keep them healthy and growing. We want to hear advice from all our Native Aunties with the #BigAuntyEnergy! Let's show our youth during TDVAM how to #HealthyFlex in their relationship. Chime in on all our social media platforms on Monday, February 20th, as we share our #BigAuntyEnergy and show our youth how to #HealthyFlex.</p>	<p>Various social media</p>
<p>February 21 2:00 p.m. - 3:30 p.m. EST</p>	<p>Webinar: The Lifespan Lens: Youth-Centered Approaches to Building Economic Security and Safety in Housing Programs (National Resource Center on Domestic Violence)</p> <p>This webinar is a panel discussion that will identify ways to engage youth in program design. Staff from Point Source and a member from their Youth</p>	<p>Registration Link Visit disclaimer page</p>

	<p>Action Council will highlight their youth engagement model in recognition that young people are the experts of their own lives. The presentation will work through how access to economic security, housing, and safety impacts the ways youth respond to violence. Contact: Marlena Moore at mmoore@nrcdv.org.</p>	
<p>February 22 TBD</p>	<p>Ujima Talks: It Takes a Village: Raising and Supporting Black Teen Survivors</p> <p>Please join Ujima Inc. as we host our guest speaker Sikivu Hutchinson of Black Skeptics Los Angeles. Throughout this conversation, they will help us navigate how to uplift, support, and mentor Black teen survivors of dating violence. With a secular-humanist and womanist framing to their work, Dr. Hutchinson will lead us through culturally specific and trauma-informed practices and principles that support Black teen survivors and also ways in which to center the lived experiences of Black youth.</p>	(TBD)
<p>February 23 3:00 p.m. ET</p>	<p>Ending Teen Dating Violence and Cultivating Healthy Relationships Webinar (National Indigenous Women's Resource Center)</p> <p>In this webinar, we will be discussing how youth advocates can address teen dating violence in Tribal communities. This topic includes available tools and resources for Native youth, defining violent versus healthy relationships, and empowering the next generation through Indigenous values. This webinar is proudly hosted as part of the NativeLove program.</p>	<p>Registration Link Visit disclaimer page</p>
<p>February 23 4 p.m. EST</p>	<p>Webinar Growing Up in the Digital World (Love Is Respect)</p> <p>Join Love Is Respect's Youth Council members as they share their perspective on how to have conversations about healthy relationships and teen dating</p>	<p>More Information Visit disclaimer page</p>

	<p>violence. The discussion will be moderated by Angela Lee, Love Is Respect Director.</p>	
<p>February 23</p> <p>5:00 p.m. to 7:00 p.m. EST</p>	<p>Teen and Youth Advisory Group Convening (Ujima)</p> <p>This convening is designed to involve teens and youth to create best practices for supporting and uplifting teens and youth who may experience forms of violence. Through this convening, we hope to focus on making language and involvement in preventing violence more accessible to younger groups.</p>	<p>Registration Link Visit disclaimer page</p>
<p>February 27 and 28</p> <p>4:00 p.m. - 6:00 p.m. EST</p>	<p>2023 National Prevention Youth Summit – Health Equity Matters: Making Connections through Experiences (National Resource Center on Domestic Violence)</p> <p>This first annual youth-led event will center the voices, experiences, and wisdom of youth leaders engaged in social change work. This year’s summit will explore the ways in which promoting health equity for youth is critical to building healthy relationships and communities. Over two days, participants will learn how positive pleasure-based sexuality and fostering racial equity are connected and necessary to creating conditions where youth can thrive. Contact: Cassandra Aho at caho@nrcdv.org</p>	<p>Registration Link Visit disclaimer page</p>
<p>February 28</p> <p>3:00 p.m. EST</p>	<p>Centering Youth Voices: Youth Leadership in Domestic Violence Organizations (National Center on Domestic Violence, Trauma, and Mental Health)</p> <p>This webinar will be a conversation on youth leadership in domestic violence organizations and how we can be more responsive to young people's presence, voices, and leadership. This session—part of NCDVTMH's Accessible, Culturally Responsive, and Trauma Informed (ACRTI) Advocacy Across the</p>	<p>Registration Link Visit disclaimer page</p>

	Lifespan series—will also look at NCDVTMH's ACRTI framework and what accessibility, cultural responsiveness, and trauma-informed practices mean for young people leading the domestic violence movement.	
February 28 5:00 p.m. EST	<p>Instagram Live: Be About Empowerment (Love Is Respect)</p> <p>Empowerment means you have power and control over your own life. When you seek out ways to empower one another, everyone benefits. You're actively participating in your own life by creating a better sense of community for yourself and others. This live event will feature members of Love Is Respect Youth Council, staff, and TDVAM advisory group.</p>	<p>Instagram @loveisrespectofficial Visit disclaimer page</p>
	<u>All Month</u>	<u>LINKS</u>
	<p>Awareness Highlights: Health, Equity, and Health Equity (National Resource Center on Domestic Violence)</p> <p>This blog post on the Domestic Violence Awareness Project website digs into this year's theme for Teen Dating Violence Awareness & Prevention Month 2023, <i>Health, Equity, and Health Equity</i>. It explores what is necessary to create the conditions where youth can thrive, and offers key resources and opportunities for engagement around this topic.</p>	Blog Link
	<p>Teen Dating Violence Awareness Month Challenge (National Indigenous Women's Resource Center and Native Love)</p> <p>Starting February 1, teens and youth are encouraged to submit artwork themed around the question, "What are the qualities of a healthy</p>	<p>More Information Visit disclaimer page</p>

	<p>relationship?" Participants can post artwork to social media and tag @NativeLoveIs or send email art files to nativelove@niwrc.org for a chance to win a prize pack. All entries must be received by February 28.</p>	
	<p>Hope, Prevention, and the Power of Young People Podcast</p> <p>On this podcast, PreventConnect talks with Arlene Vassell of the National Resource Center on Domestic Violence and Angela Lee of Love Is Respect about the power of youth to prevent teen dating violence and the role of mainstream agencies and organizations to support youth, teens, and young adults.</p>	<p>Podcast Link Visit disclaimer page</p>
	<p>NRCDV Radio Podcast: Joy, Pride & Passion of Youth Activism</p> <p>Young people have always been a crucial part of movement building and organizing. In this NRCDV Radio podcast production, host Lamar Greene explores the pride, passion, creativity, and joy of youth activism. Lamar speaks to Celeste Iroha, Kaloni James and Deborah Austin about how community care and action expands how we look at prevention, and how digital activism has challenged traditional social, economic, and political norms.</p>	<p>Podcast Link Visit disclaimer page</p>

	<p>Supporting LGBTQ+ Survivors of Teen Dating Violence (National LGBTQ Institute on Intimate Partner Violence)</p> <p>An interactive, self-paced, training on understanding the dynamics of dating violence that LGBTQ youth survivors go through and learning best strategies to support survivors. This training will incorporate practical skills in working with youth as well as opportunities to get involved in creating stronger and more culturally specific national responses to LGBTQ survivors of intimate partner violence. Learners can take this online course for free at any time.</p>	<p>Training Link Visit disclaimer page</p>
	<p>PreventIPV Tool of the Month Equity (National Resource Center on Domestic Violence)</p> <p>Throughout February, PreventIPV will highlight Pride Peace Prevention as the prevention tool of the month. Through the Pride Peace Prevention project, the Youth Violence Prevention Resource Center works to cultivate a positive racial identity and foster community dialogue around difficult issues in order to raise critical consciousness, promote racial justice, and reduce youth violence.</p>	<p>Link Visit disclaimer page</p>

Need help? Discussing dating violence and abuse is never easy, which is why [LovelsRespect.org](#), [National Domestic Violence Hotline](#), and [StrongHearts Native Hotline](#) ([Visit disclaimer page](#)) are available for anyone who needs support. Should you or someone you know need help talking about dating violence or abuse, please reach out to a hotline or helpline for support.